

**Serenity Wellness Spa
IonCleanse Foot Bath**

Name:	Date:
Address:	Home Phone:
City, Zip	Work Phone:
Email:	Cell Phone:
Occupation:	Birthdate:
Emergency Contact Name:	Contact Number:
Referred By?	

1. Do you wear a pace maker or any other battery operated or electrical implant? YES / NO
2. Are you on heartbeat regulating medication? YES / NO
3. Are you an organ transplant recipient or donor? YES / NO
4. Are you on medication that blood levels need to be maintained? YES / NO
5. Are you taking – blood pressure medication, seizure medication, depression medication? YES / NO
Have you eaten? YES / NO How long ago? _____
6. Are you pregnant? YES / NO
7. Are you lactating and/or nursing? YES / NO

Because our bodies are approximately 70% water, we ourselves interact with this field (IonCleanse). The toxins in our bodies will look similar to the toxins predominant in a specific area; however, there will be more toxic particles in the water with the client's feet immersed.

WHAT TO EXPECT FROM AN IONCLEANSE SESSION

“Healthy individuals can expect to feel lighter and experience a greater feeling of well being from each IonCleanse session. Some people with pain, edema and swollen or deteriorating joints have reported symptomatic relief from IonCleanse sessions.”

AFTER the session you may experience: thirst, light headedness, light headache, hunger and/or a need to rest right after the session. Also, you may experience loose stool for a couple of days. These are all typical responses to none of the above.

The IonCleanse helps your body to start a detox process and during that process you need to give your body a chance to re-calibrate from the shift in toxic load.

- REST is important in healing.
- NUTRITION is important in healing.
- WATER CONSUMPTION is important in healing.
- ABILITY of the body to eliminate toxic load is important in healing.

AFTER your IonCleanse session you may need to replace the following:

- ELECTROLYTES (calcium, potassium, sodium and magnesium).
- MINERALS and/or VITAMIN/MINERAL COMBINATION.
- FATTY ACIDS (Omega 3 and 6 fatty acids found in fish oils, fax seed oil).
- ANTIOXIODANTS (Vitamin C, E, A).

Also, it is **IMPORTANT** that you are eating a balanced, nutritional diet, fresh food, drinking plenty of fluids, and taking the appropriate supplements to support your unique physical/psychological needs. Remember detoxification accelerates changes in the body and healthy lifestyle choices will support this process.

I understand that I take full responsibility for my own health and well-being.

Client's Signature _____ Date _____